



Just the Facts: Vaginal Dilators

Women choose to use vaginal dilators for a variety of reasons. Certain medical conditions, treatments and surgeries can result in a narrowing of the vagina, a decrease in elasticity of the vagina, muscle spasms around the vagina, or genital pain (particularly during intercourse or gynecological exams). Even when the cause of vaginal pain or discomfort is unclear, a healthcare provider may still recommend the use of vaginal dilators.



Vaginal dilators can play an important role in a larger treatment plan recommended by one's healthcare provider. Some women use vaginal dilators in order to gently stretch the vagina over time and make sexual intercourse more comfortable. Other times, healthcare providers ask women to use vaginal dilators so that they can better see and examine the vagina and cervix as part of on-going medical care.

Pure Romance's Dilator Set should be used in conjunction with the use of a gentle water-based lubricant and only after consulting with a physician and reading the step-by-step guide included. We recommend that you ask your healthcare provider how you can use vaginal dilators safely and effectively. Please consult with your healthcare provider if you have any questions.

Pure Romance is playing an important role in improving issues of women's sexual health by creating products to help with such issues as vulvovaginal pain, irritation and discomfort. Pure Romance and its non-profit organization, the Patty Brisben Foundation, are committed to helping women get the proper health care they need. Learn More at: www.pattybrisbenfoundation.com

To obtain more information on the Pure Romance Vaginal Dilator Set, please contact your local consultant.

